

Welcome to our Lunch Cafe



Newton Middle and High School

May 2021

The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year. Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating.

Monday

Tuesday

Wednesday

Thursday

Friday

3 Buffalo Chicken Wrap	4 Turkey BLT Wrap	5 Chicken Caesar Salad	6 Buffalo Chicken Wrap	7 Turkey BLT Wrap
10 Ham & Cheese Sandwich	11 Turkey Ranch Wrap	12 Chicken Delight Wrap	13 Ham & Cheese Sandwich	14 Turkey Ranch Wrap
17 Nachos with Cheese With Refried Beans And Salsa	18 Italian Combo Sandwich	19 Homemade Lite Veggie Pasta Salad	20 Nachos with Cheese With Refried Beans And Salsa	21 Italian Combo Sandwich
24 BBQ Turkey Wrap	25 Salad Plate With Crispy Chicken	26 Salami and Cheese Sandwich	27 BBQ Turkey Wrap	28 Salad Plate With Crispy Chicken

31
SCHOOL CLOSED TODAY

HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



Everyday Items: Bagel meal, Chicken Caesar Salad, Yogurt Parfait

We are Simply Rooted® in food and family and our menus are nutritious and flavorful.

Check out our mobile menu at www.FDMealPlanner.com or download

FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.

