



Learning Plan: Review and Reflection 6-1 to 6-12
Course: 10th Gr. Wellness Teachers: Mr. Elwell

Other Teacher(s) Available for Support:	<i>Ms. Aransky, Mr. Rotatori, Mrs. Gonzalez</i>
Skill(s) we are working on this week:	<p><i>Project: Develop and submit Final reflections for Functional Training - see attached assignment in the Schoology Lesson</i></p> <p><i>Objective: We're taking the next two weeks to review, reflect, and share the impact of functional training on our personal wellness.</i></p> <p>Social Emotional Learning Competency: Self Awareness and Responsible Decision Making (Problem Solving)</p>
We'll learn those skills by...	Sharing writings, drawings, or audio reflections - Schoology course link below. Due <i>June 12th @ 3pm.</i>
Resources, Technology, and/or Materials You'll Need:	Computer (<i>access to schoology</i>) GoogleDocs (SMART Goals / Workout sheet) Access to the internet articles/youtube video
This Week's Face to Face Meeting Times	Office Hours: See your schoology calendar for details. Class Check in: See your schoology calendar for details.
Schoology Lesson for the week:	<u><i>Final Functional Training Review and Reflection</i></u>
Where else can I go for help?	<i>Schoology message your Wellness teacher with any questions or concerns throughout the week.</i>
Just for Fun :)	Newton South Alumni John Krasinski, <u><i>SOME GOOD NEWS</i></u>

Red = expected participation and submissions & Black = suggestion for your well-being.

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Outline for the Week	Read Review content and Reflect on your emotional state.		Work on the final reflection project by answering the final four questions.	Attend your Zoom class check in and bring questions regarding final reflection.	Attend your Zoom class check in and bring questions regarding final reflection. Submit final reflection by June 12th 3PM.
Where else can I go for help?	<i>Schoology message your teacher with any questions / concerns throughout the week.</i>	<i>Schoology message your teacher with any questions / concerns throughout the week.</i>	<i>Schoology message your teacher with any questions / concerns throughout the week.</i>	<i>Schoology message your teacher with any questions / concerns throughout the week.</i>	<i>Schoology message your teacher with any questions / concerns throughout the week.</i>