

**From the Oak Hill Middle School Health Room**

**Postural Screening Notification**

To: Parents/Guardians of Students in Grade 8:

From: Sue Riley, BSN,RN,NCSN, School Nurse

The Postural Screening Program for Grade 8 will be take place the week of January 26th (girls) and February 2nd (boys) during extension.

It will occur according to this schedule

Girls by extension class:

Ms Legare and Ms Hsu 1/26

Ms Dempsey and Ms Kappel 1/27

Ms Swain and Mr Timmins 1/28

Ms Cadigan and Mr Pierce 1/29

all other girls 1/30

Boys by extension class:

Ms Legare and Ms Hsu 2/2

Ms Dempsey and Ms Kappel 2/3

Ms Swain and Mr Timmins 2/5

Ms Cadigan and Mr Pierce 2/6

all others 2/9

If your child is absent or for any reason does not have extension with their homeroom, they will be screened at a later date.

Massachusetts General Laws (M.G.L. c.71, s.57) require that all public school students in grades five through nine be screened annually for the early detection of spinal problems. This is not a diagnostic service but a screening program to identify children who should have further medical evaluation.

The screening consists of observations of the student's back when standing and bending forward and will be done by a school nurse or Physical Education, Health and Wellness teacher. Boys and girls are screened separately and privately. The results are recorded in the confidential school health record. If your child has any unusual findings, you will be notified and asked to have your child seen by a health care provider.

Students are asked to remove their shirts. Girls should wear a bra or halter top to permit more accurate observation of the back. If students do not have the type of clothing that permits observation of the back or refuse screening, they will not be

screened and a notice will be sent to parents/guardians that screening was not done. Follow up should be with the student's health care provider with documentation submitted to the school nurse.

If you choose not to have your child participate in the Postural Screening Program, please notify the school nurse and submit documentation of postural screening by your child's health care provider.

Please feel free to contact me (not the homeroom teacher) with any questions about postural screening.

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