



## NEW! EXPANDED VISION CARE NETWORK AND EYEWEAR DISCOUNTS

**EyeMed**  
VISION CARE®

LENSCRAFTERS®

**Sears**  
Optical

**OPTICAL**™



**PEARLE VISION**™



Tufts Health Plan is excited to offer a new expanded vision care network and discounts for members. EyeMed Vision Care, one of the nation's leading vision care organizations, will arrange for Tufts Health Plan members to receive covered routine eye exams and other vision care services performed by participating providers.

With more than 20 years of experience, the EyeMed Vision Care program provides:

- The freedom to choose from an extensive network of private practice optometrists, ophthalmologists or opticians, or from well-known national optical retailers including LensCrafters, Sears Optical, Target Optical, JCPenney Optical, and most Pearle Vision locations.

- A mail-order contact lens replacement program (Lens evaluation and fitting are required and are not covered or discounted.)\*
- A 35% discount off the retail price of frames as well as discount pricing on lens and lens options with the purchase of a complete pair of eyeglasses.\*\*
- Up to a 15% discount on LASIK and PRK laser vision correction.\*\*\*

Search online for an EyeMed Vision Care provider at [www.tuftshealthplan.com/members](http://www.tuftshealthplan.com/members). Just click on the Vision Care icon.

\*Members who receive a contact lens evaluation and fitting will be responsible for these charges, which are not discounted.

\*\*Discounts are off the provider's usual and customary price. Members are encouraged to call the provider's office to confirm the provider dispenses eyewear, including lenses and contact lenses.

\*\*\*EyeMed and LCA-Vision have arranged to provide this discount to all EyeMed Vision Care members through the U.S. Laser Network. Members are entitled to a 15% discount on the usual and customary fees for LASIK and PRK procedures, or a 5% discount on any promotional pricing, whichever has the greater value. Since LASIK or PRK vision correction is an elective procedure, performed by specialty-trained providers, the discounts may not always be available from a provider in your immediate location. For a location near you, and for the discount authorization, please call 1-877-5LASER6.

FOR MORE INFORMATION

EyeMed Vision Care 1-866-504-5908

[www.tuftshealthplan.com](http://www.tuftshealthplan.com)

**TUFTS**  **Health Plan**  
No one does more to keep you healthy.

## EyeMed Vision Care Frequently Asked Questions

### How do eye care practitioners differ?

- **Ophthalmologists** are physicians (M.D.s) who perform eye examinations, treat disease, perform surgical or other procedures, and prescribe glasses or other corrective devices.
- **Optometrists** (O.D.s) are specialists licensed to perform routine eye examinations, certain diagnostic and therapeutic eye care services (with a referral from a primary care physician, if needed), and prescribe glasses or other corrective devices.
- **Opticians** only dispense eyewear materials.

### What is a routine eye exam?

A routine eye examination is a periodic screening eye exam that may include some of the following covered services:

- A review of the history of your eyes and vision, along with a general medical history and history of medications
- A discussion of any specific vision problems you may have or reasons for your visit
- An examination of the inside and outside of your eyes, and areas surrounding the eyes
- Measurement of the pressure in your eyes
- Dilation of your eyes: enlarging your pupils so that the eye doctor can examine the entire inside of your eyes
- Measurement of the sharpness of your vision close up and at a distance
- A test of your eyesight to determine a prescription for eyeglasses or whether you are a candidate for contact lenses
- A treatment plan and/or follow-up advice for you

Optometrists and ophthalmologists in the EyeMed Vision Care network provide routine eye exams.

### What are other vision care services?

In general, other vision care services are usually those covered services used to diagnose, treat, or monitor medical eye conditions (for example, an eye disease such as glaucoma or a condition such as diabetes), including any necessary periodic follow-up eye exams. Check with your eye doctor to determine how often you should be seen, if you need such services.

Optometrists in the EyeMed Vision Care network may provide some of these other vision care services. However, for other, more complex covered vision care services you receive from an ophthalmologist, you must continue to see an ophthalmologist who participates in the Tufts Health Plan network, if you are an HMO member; POS and PPO members must continue to see a Tufts Health Plan-participating ophthalmologist to be covered at the authorized and in-network level of benefits, respectively.

### How can I learn more about my vision care coverage?

- If you are covered by the Tufts Health Plan vision care benefit, review your member benefit document or log in to your personal online benefit account at [www.tuftshealthplan.com](http://www.tuftshealthplan.com). To access your account you must first register on our Web site and activate your account with a temporary password we mail to you.
- To check if your vision care provider is in the EyeMed Vision Care network or to search for an EyeMed Vision Care provider, go to [www.tuftshealthplan.com/members](http://www.tuftshealthplan.com/members) and click on the EyeMed Vision Care icon.
- If you have additional questions, call EyeMed Vision Care at 1-866-504-5908.