Frequency data for items from the High School Start Time Teacher Survey

Administered in Winter 2016

*Totals with an asterisk indicate items where teachers could select more than 1 answer. For these items, totals indicate the total number of respondents who saw the item on the survey, not a sum of the individual responses. These items will not sum to 100% because teachers could and did select multiple responses.

Where do you work? (Please choose all that apply)		
Response	N	Valid Percent
North	171	59%
South	114	40%
Alternative Program(s) (i.e., Central, Springboard, HSP)	10	3%
Other	3	1%
Total*	288	--

What is your bargaining unit or union?		
Response	N	Valid Percent
NTA Unit A (Teachers)	217	75%
NTA Unit B (Administrators)	18	6%
NTA Unit C (Aides and Behavior Therapists)	34	12%
NTA Unit D (ISS)	0	0%
NTA Unit E (Administrative and Technical Support)	4	1%
NESA (Administrative Assistants/Secretaries)	10	3%
Non-Aligned	5	2%
Other (please specify)	0	0%
Total	288	100%

What is your full-time equivalency? If you are a full-time employee, please enter 1.0.		
Response	N	Valid Percent
Less than 0.5	5	2%
0.50-0.74	11	4%
0.75-0.99	13	5%
1.0	238	89%
Total	267	100%
Missing	21	--

What time do you typically leave your home for school?		
Response	**N**	**Valid Percent**
5:00-5:30 am	9	3%
5:30-6:00 am	17	6%
6:00-6:15 am	23	8%
6:15-6:30 am	26	9%
6:30-6:45 am	50	17%
6:45-7:00 am	56	19%
7:00-7:15 am	63	22%
7:15-7:30 am	20	7%
7:30-7:45 am	7	2%
7:45-8:00 am	2	1%
8:00-8:30 am	7	2%
After 8:30 am	3	1%
Other	5	2%
Total	288	100%

What is your primary mode of transportation to school in the morning?		
Response	**N**	**Valid Percent**
Drive yourself	275	95%
Get a ride from someone not employed by NPS	1	0%
Carpool with another NPS employee	1	0%
Take the MBTA	3	1%
Walk	5	2%
Ride a bike	1	0%
Other	2	1%
Total	288	100%

How long is your morning commute on an average day?		
Response	**N**	**Valid Percent**
Less than 10 minutes	51	18%
10-20 minutes	68	24%
20-30 minutes	64	22%
30-40 minutes	45	16%
40-50 minutes	34	12%
50-60 minutes	12	4%
More than 60 minutes	12	4%
Total	286	100%
Missing	2	--

What time do you typically leave school in the afternoon or evening in the fall?										
	Monday		Tuesday		Wednesday		Thursday		Friday	
Response	N	Valid Percent	N	Valid Percent	N	Valid Percent	N	Valid Percent	N	Valid Percent
At the end of the school day (including J or X block)	82	30%	84	31%	79	29%	83	30%	106	40%
Around half an hour after the end of the school day	52	19%	49	18%	54	20%	44	16%	56	21%
Around an hour after the end of the school day	47	17%	50	18%	59	22%	45	16%	46	17%
More than 1 hour after the end of the school day	94	34%	89	33%	80	29%	101	37%	58	22%
Total	275	100%	272	100%	272	100%	273	100%	266	100%
Missing	13	--	16	--	16	--	15	--	22	--

What time do you typically leave school in the afternoon or evening in the winter?										
	Monday		Tuesday		Wednesday		Thursday		Friday	
Response	N	Valid Percent	N	Valid Percent	N	Valid Percent	N	Valid Percent	N	Valid Percent
At the end of the school day (including J or X block)	83	30%	87	32%	79	29%	90	33%	113	42%
Around half an hour after the end of the school day	54	20%	53	20%	60	22%	49	18%	60	23%
Around an hour after the end of the school day	46	17%	49	18%	57	21%	46	17%	41	15%
More than 1 hour after the end of the school day	92	33%	82	30%	75	28%	88	32%	52	20%
Total	275	100%	271	100%	271	100%	273	100%	266	100%
Missing	13	--	17	--	17	--	15	--	22	--

What time do you typically leave school in the afternoon or evening in the spring?										
	Monday		Tuesday		Wednesday		Thursday		Friday	
Response	N	Valid Percent	N	Valid Percent	N	Valid Percent	N	Valid Percent	N	Valid Percent
At the end of the school day (including J or X block)	78	28%	85	31%	80	30%	85	31%	112	42%
Around half an hour after the end of the school day	56	20%	53	20%	58	21%	48	18%	60	23%
Around an hour after the end of the school day	52	19%	54	20%	59	22%	52	19%	40	15%
More than 1 hour after the end of the school day	89	32%	79	29%	73	27%	89	32%	54	20%
Total	275	100%	271	100%	270	100%	274	100%	266	100%
Missing	13	--	17	--	18	--	14	--	22	--

What is your primary mode of transportation home from school in the afternoon/evening?		
Response	N	Valid Percent
Drive yourself	270	95%
Get a ride from someone not employed by NPS	0	0%
Carpool with another NPS employee	1	0%
Take the MBTA	4	1%
Walk	5	2%
Ride a bike	1	0%
Other	2	1%
Total	283	100%
Missing	5	--

How long is your commute home on an average day?		
Response	N	Valid Percent
Less than 10 minutes	38	13%
10-20 minutes	59	21%
20-30 minutes	57	20%
30-40 minutes	63	22%
40-50 minutes	28	10%
50-60 minutes	21	7%
More than 60 minutes	17	6%
Total	283	100%
Missing	5	--

How concerned are you about traffic during your current morning commute?		
Response	N	Valid Percent
Not at all concerned	99	35%
Somewhat concerned	98	35%
Pretty concerned	45	16%
Extremely concerned	36	13%
Other (please specify)	6	2%
Total	284	100%
Missing	4	--

How concerned are you about traffic during your current afternoon/evening commute?		
Response	N	Valid Percent
Not at all concerned	88	31%
Somewhat concerned	100	35%
Pretty concerned	53	19%
Extremely concerned	38	13%
Other (please specify)	4	1%
Total	283	100%
Missing	5	--

Do you have any BEFORE school jobs or commitments at any point during the year? Please select all that apply.		
Response	**N**	**Valid Percent**
Stipended work for Newton Public Schools	6	2%
Non-stipended work for Newton Public Schools	2	1%
Paid employment outside of Newton Public Schools	3	1%
Child care (including dropoff, getting children on the bus, etc.)	95	33%
Elder care	4	1%
Coursework towards a degree	3	1%
Exercise/Gym	47	16%
I do not have any before school jobs or commitments	139	48%
Other	12	4%
Total*	288	--

What seasons do you have BEFORE school jobs or commitments? Please check all that apply.		
Response	**N**	**Valid Percent**
Fall	124	83%
Winter	123	83%
Spring	122	82%
Other (please specify)	6	4%
Total*	149	--

In general, which days of the week do you have BEFORE school jobs or commitments? Please check all that apply.		
Response	**N**	**Valid Percent**
Monday	114	77%
Tuesday	106	71%
Wednesday	118	79%
Thursday	111	74%
Friday	109	73%
Total*	149	--

Do you have any AFTER school jobs or commitments at any point during the year? Please select all that apply.		
Response	N	Valid Percent
Stipended work for Newton Public Schools	60	21%
Non-stipended work for Newton Public Schools	27	9%
Paid employment outside of Newton Public Schools	37	13%
Child care (including pickup, waiting for the bus, etc.)	119	41%
Elder care	18	6%
Coursework towards a degree	37	13%
Exercise/Gym	127	44%
I do not have any after school jobs or commitments	27	9%
Other	34	12%
Total*	288	--

What seasons do you have AFTER school jobs or commitments? Please check all that apply.		
Response	N	Valid Percent
Fall	225	86%
Winter	221	85%
Spring	229	88%
Other (please specify)	9	3%
Total*	261	--

In general, which days of the week do you have AFTER school jobs or commitments? Please check all that apply.		
Response	N	Valid Percent
Monday	209	80%
Tuesday	194	74%
Wednesday	215	82%
Thursday	212	81%
Friday	168	64%
Total*	261	--

Based on your experience, does the behavior of students in general in first period classes differ from the behavior of students in later class periods?		
Response	N	Valid Percent
Yes, always	62	22%
Yes, often	100	36%
Yes, occasionally	61	22%
No	27	10%
N/A (I have not observed student behavior in first period c lasses)	28	10%
Total	278	100%
Missing	10	--

How has the behavior of students in first period classes differed from the behavior of students in later class periods? Please select all that apply.		
Response	**N**	**Valid Percent**
Students fall asleep more often in first period	48	22%
Students are sleepier or groggier in first period	158	71%
Students are less attentive in first period	84	38%
Students are tardy more often in first period	181	81%
Students are less likely to participate in class discussions in first period	121	54%
Students are more talkative in first period	5	2%
Students are more alert in first period	12	5%
Students are more likely to participate in class discussions in first period	10	4%
Other (please specify)	13	6%
Total*	223	--

Please select the response that best reflects your current opinion. I think that high school should start later than it does now.		
Response	**N**	**Valid Percent**
Strongly Disagree	58	20%
Disagree	30	11%
Agree	61	21%
Strongly Agree	73	26%
I'm not sure	58	20%
No Opinion	4	1%
Total	284	99%
Missing	4	--

Whether or not you believe that high school should start later, which of the following reasons for why high school should start later make the most sense to you for students? Choose all that apply.		
Response	**N**	**Valid Percent**
Starting later would allow students to sleep later	192	67%
Starting later would reduce the number of tardies students get	85	30%
Starting later would reduce stress for students	103	36%
Starting later would give students more time in the morning	102	35%
Starting later would help students focus more during the school day	119	41%
Do you have other reasons?	38	13%
Total*	288	--

Whether or not you believe that high school should start later, which of the following reasons for why high school should NOT start later make the most sense to you for students? Choose all that apply.		
Response	N	Valid Percent
Students would have to start homework later	98	34%
Students would have less free time in the afternoons	155	54%
Students would have less time for after school jobs	189	66%
Students would have to start after school commitments later (including sports)	225	78%
Students would have to stay up later to get everything done	140	49%
Students might have to miss classes at the end of the day because of sports	180	63%
Do you have other reasons?	38	13%
Total*	288	--

If school started later by the times listed below, how significant would the impact be on your MORNING routines? The times listed below are purely for gathering information and are not necessarily proposals for change.						
	10 minutes later		30 minutes later		60 minutes later	
Response	N	Valid Percent	N	Valid Percent	N	Valid Percent
Large positive impact	6	2%	33	12%	53	19%
Some positive impact	44	16%	85	30%	51	18%
No impact at all	181	66%	60	21%	31	11%
Some negative impact	33	12%	52	19%	53	19%
Large negative impact	12	4%	50	18%	89	32%
Total	276	100%	280	100%	277	100%
Missing	12	--	8	--	11	--

If school ended later by the times listed below, how significant would the impact be on your AFTERNOON/EVENING routines? The times listed below are purely for gathering information and are not necessarily proposals for change.						
	10 minutes later		30 minutes later		60 minutes later	
Response	N	Valid Percent	N	Valid Percent	N	Valid Percent
Large positive impact	1	0%	4	1%	4	1%
Some positive impact	5	2%	11	4%	7	2%
No impact at all	187	67%	88	31%	35	12%
Some negative impact	64	23%	103	37%	78	28%
Large negative impact	22	8%	74	26%	157	56%
Total	279	100%	280	100%	281	100%
Missing	9	--	8	--	7	--

If school started later by the times listed below, how significant would the impact be on your *before school jobs or commitments*?
The times listed below are purely for gathering information and are not necessarily proposals for change.

Response	10 minutes later		30 minutes later		60 minutes later	
	N	Valid Percent	N	Valid Percent	N	Valid Percent
Large positive impact	8	3%	24	9%	36	13%
Some positive impact	33	12%	52	19%	35	13%
No impact at all	146	53%	95	35%	87	31%
Some negative impact	20	7%	22	8%	15	5%
Large negative impact	8	3%	24	9%	45	16%
N/A	59	22%	58	21%	59	21%
Total	274	100%	275	100%	277	100%
Missing	14	--	13	--	11	--

If school started later by the times listed below, how significant would the impact be on your *after school jobs or commitments*?
The times listed below are purely for gathering information and are not necessarily proposals for change.

Response	10 minutes later		30 minutes later		60 minutes later	
	N	Valid Percent	N	Valid Percent	N	Valid Percent
Large positive impact	2	1%	3	1%	2	1%
Some positive impact	2	1%	4	1%	4	1%
No impact at all	162	59%	83	30%	39	14%
Some negative impact	62	23%	85	31%	62	22%
Large negative impact	27	10%	81	29%	147	53%
N/A	20	7%	20	7%	22	8%
Total	275	100%	276	100%	276	100%
Missing	13	--	12	--	12	--