

The Newton Partnership  
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*The Newton Partnership is pleased to invite  
you to this FREE parenting presentation*

# Dr. Edward M. Hallowell, M.D.

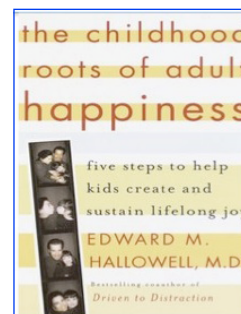
## THE CHILDHOOD ROOTS OF ADULT HAPPINESS:

### Five Steps to Help Create and Sustain Lifelong Joy

**Tuesday, April 12, 2011  
7:00—8:30 P.M.**

**Newton South High School Auditorium  
140 Brandeis Rd, 02459**

**No Registration Required**



Dr. Hallowell is a highly recognized speaker around the world and has presented to thousands on topics such as ADD, the Childhood Roots of Adult Happiness and other pertinent family and health issues. His approachable style combines his expertise as a Harvard Medical School instructor with his uncanny understanding of human nature.

In this presentation, Dr. Hallowell, father of three and a clinical psychiatrist, outlines a five-step plan for promoting successful learning and lifelong joy that all those parenting children can use to give children the gift of happiness that will last a lifetime: Connect, Play, Practice, Mastery and Recognition. As fundamental as these five concepts are, they hold the key to raising children with healthy self-esteem, moral awareness and spiritual values. Based on current research, as well as his own experiences as a parent, teacher, and child psychiatrist, Dr. Hallowell will discuss how one step leads to the next and how the cycle is self-perpetuated. He will explain how these five key qualities can greatly increase a child's chances of leading a joyful and meaningful life. This talk points out what really matters in childhood, and what doesn't, while offering practical pointers on how to make the most of the most precious years of life.

Dr. Hallowell has been prominently featured in the media, including Oprah, 20/20, 60 Minutes, PBS, CNN, The Today Show, Dateline, Good Morning America and The New York Times, USA Today, Newsweek, Time Magazine, and the Harvard Business Review.



**THE NEWTON PARTNERSHIP**  
... investing in children, youth, and families

Newton Public Schools...City of Newton Health and Human Services...Community Partnership for Children and Families...Freedman Center at the MA School of Professional Psychology...John M. Barry Boys and Girls Club...MA Regional Dept of Mental Health...Middlesex Partnerships for Youth...Newton Community Service Center...Newton Police Dept...Newton PTO Council...Newton Special Education Parent Advisory Committee...Riverside Community Care...The Second Step...Social Science and Research and Evaluation...West Suburban YMCA